

Educational project

„A Healthy Life in a Clean Environment” Clean Waters for a Healthy Life

Motto:

„Nature is the only book where every page keeps a truth.” (Goethe)

Reason:

The concern towards the health of the environment is a modern collective attitude that has its roots in the conscience of the fact that you can't talk about an individual's or a group's health disregarding the environment and the existence of ballanced relations with the environmental factors. Each of us has his or her own stock of knowledge and behaviour that enriches as we grow and receive education. In order not to turn them into flaws, our inborn qualities need to be headed towards what each of us can do. We mustn't wait for the global or local problems to solve by themselves, without our contribution or without our active involvement in solving these problems.

The environment is an ensemble of factors that interact all the time and interfere with human activities which, most of the times, are not eco-friendly.

Water represents the source of life for all the organisms in all the life environments. Without water there's no life, that is why its pollution threatens all life forms on earth.

Through this project we want to signal the negative effects of water streams pollution. These effects have repercussions on the health of the entire community. Children, as part of the community, should protect the green spaces, they should stand against and try to stop the water streams pollution. A clean, drinkable water shows a clean and healthy environment, as well as a healthy community.

Aim of the project:

Realization of educational and ecological activities and materials that are going to make students and local community aware of the importance of protecting and greening the water streams and the green spaces, as well as the river banks nearby.

Project's objectives:

- Informing the students, the teachers, the parents and the local community about the aim of the project.
- Gaining correct information concerning the main human environment destructive activities.
- Identifying the short-term, but especially the long-term effects of some pollution agents upon the health of the environment in general and on the human health in particular.
- Knowing the way in which curiosity or careless influence an irresponsible behaviour.

- Identifying ways of raising the community's sensibility towards the protection of the environment.
- Knowing the importance of the green spaces for the environment and for human health.
- Being aware of the negative effects caused by the destruction of green spaces and the pollution of water streams.
- Active and responsible contribution of students in running the ecological activities of the project.
- Putting into action cleaning, caring and reecological activities.
- Enjoying nature, outdoor activities: fresh air, relaxation, plants and wild animals.
- Growing green spaces, active participation to an clean and healthy environment.
- Team work
- Developing the capacity of artistic expression of feelings and attitudes towards the destruction of green spaces, of ecosystems and towards the pollution in particular.

Project team:

1. „Nicolae Teclu” High School Copșa Mică
 - *Project coordinator*: teacher Denis Berger – monitors and establishes responsibilities for the participants in the project
 - *Principal* teacher Marika Szocs and *vice-principal* teacher Lucia Berger – coordinate the ongoing of the project
 - *Education counsellor* teacher Delia Drăghiciu – participates in organizing and carrying on the activities
 - *Head teachers* – spread and make sure that the questionnaire are filled; involve themselves actively in the popularization of the activities and in determining students to participate actively in the project.
2. Copșa Mică Children`s Club
 - *Head teacher* Angela Lung – participates in organizing and carrying out the activities.
 - *Teachers* - spread and make sure that the questionnaire are filled; involve themselves actively in the popularization of the activities and in determining students to participate actively in the project.
3. Copșa Mică Townhall
 - Coordinates the ecological actions developed by the students in town.

Target group:

Students and teachers in school, the local community.

Period:

February – June 2010

Partners:

- Representative Council of Parents
- Volunteer parents from the local community
- Local authorities

Beneficiaries:

- students
- teachers from school
- parents
- volunteers from the local community

Content of the project:

1. Planning the activities

- Documentation activities
- Establishing the schedule and the calendar of the practical activities according to the objectives
- Establishing the means of putting in practice the activities

2. Practical activities

- **Be eco! Recycle!** – Making leaflets and distributing them among the people of the local community signaling the importance of selective waste collection.

Period: February 1st-28th, 2010

Result: Awareness of the local community regarding the importance of selective collection in order to recycle.

- **One Man – One Tree!** – an activity that aims towards tuning to account collected paper and acquiring transplant trees to be planted in the schoolyard and the green spaces of the town.

Period: February 1st - March 15th

Result: obtaining funds and buying transplant trees

- **Water- life and health** – ecological activities on a water stream in town
- Making leaflets and posters that emphasize the negative impact of pollution on water streams and human life.
- Attracting the local community and involving it actively in ecological actions
- Making students, parents and the entire community aware of the importance of a healthy way of life

Period: March 1st-30th, 2010

Results: - making population aware of the importance of keeping the waters clean
- ecological actions on rivers around Copsa Mica

Raw green of spring – to discover the transformation of nature in spring, the awakening of nature

- activities of cleaning green spaces
- arranging the school park

- planting trees together with volunteers from the local community, supported by the local authorities
- having the classes in the school park

Period: April 1st – May 30th, 2010

Results: - cleaning the green spaces in school and in town
- planting transplants (trees, plants, flowers) in the school yard and in the town`s green spaces

3. Feed-back and evaluation of the project

- making a portfolio containing leaflets, posters with an ecological message.

Presentations and photos that underline the importance of the actions that had taken place and the results of the actions done during the project.

- questionnaires spread among the local members of the community at the beginning, during and in the end of the project

- turning to account the information, activities and actions accomplished through the local mass-media